



Joint Commissioning Strategy for Adults with a Learning Disability

Promoting Independence and Improving Lives



Purpose

- To set out how Cardiff and Vale of Glamorgan Councils and Cardiff and the Vale University Health Board will work together to respond to the needs and aspirations of our adult learning disability population.
- To build upon successes and continue to transform services that improve the health and well-being of adults with learning disabilities and their carers
- To inform what services each of the three organisations will individually or jointly commission over the next five years.



Our Vision

- To promote independence and improve lives.
- For people with learning disabilities to have a good quality of life and be supported to live the lives they want to lead; living locally where they “feel good and well”, where they are valued and included in their communities and have equal access to appropriate support that ensures independence, choice and control.



Development & Consultation

- National legislation, local guidance and policy.
- Analysis of local and national data
- Engagement of people with a learning disability, parents/carers and stakeholders. Feedback from a range of consultation activities and events
- Feedback from the Senior Leadership Group
- Feedback from CASSC Task and Finish Group
- We have worked to reflect these changes ensuring an improved focus on choice and we will be developing clear pathways to ensure people can understand and feel in charge of processes



Key Priorities



Health and Feeling Good - Being active, having fun, having a social life



Information - Accessible and easy to understand



Choice, Control, Consultation and Inclusion - Listening to what matters to the person and their



Right Support at the Right Time - Early, crisis and respite support



Key Priorities



Work, Volunteering and Day opportunities - Person centred, accessible and part of the community



Child to Adult Transition - Joined up and planned well



Having my own home - Being independent, near friends and family, using technology better, having choices



Collaboration and Co-production - Working better together



Cardiff Requirements

- There are 7081 people who have a learning disability living in Cardiff
- 1175 people receive support from the Learning Disability Services.
- This is 78% of those with moderate and severe learning disabilities living in the city.
- There were 262 children with learning disabilities open to the CHAD team as at March 2018
- 62% live at home with parents
- 323 people live in local supported living accommodation
- 84 people live in out of county residential provision

Many of the people we work with have multiple conditions

25 – 40% will experience mental health issues

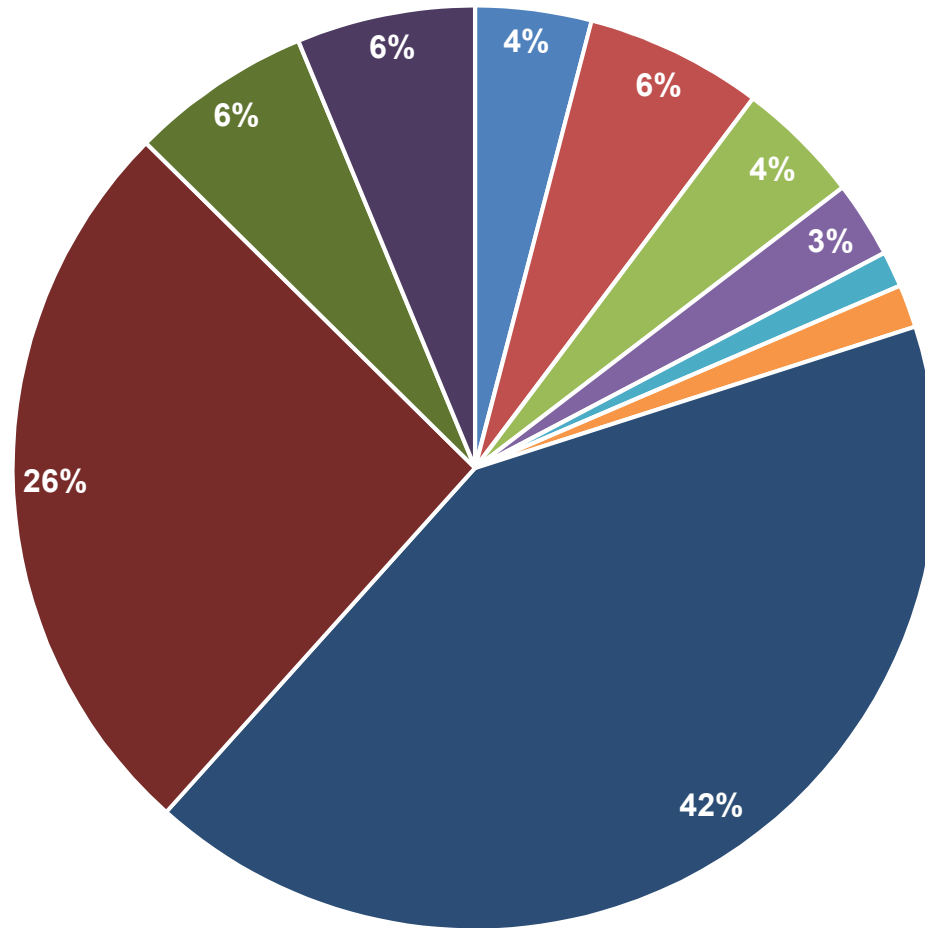
10 – 15% will have challenging behaviour

15 – 30% will have epilepsy

Over 20% over 64 will experience dementia



Budget £37,642,421



- Staffing £1,600,730
- Domiciliary support £2,447,110
- Day Care (external) £1,722,880
- Direct payment £1,053,270
- Respite care £496,000
- Adult Placement (26 people) £593,410
- Supported Living (block) (310 people) £16,408,840
- Residential care (84 people) £10,162,210
- Internal Supported Living (27 people) £2,507,610
- Complex Day Service £2,463,920



Wise Resource Use

Key Messages:

- Demography – the number of people with a learning disability is increasing.
- What people have told us – people need to be involved in choosing their services and support and have coproduced our priorities
- Financial resources – we are facing a difficult financial climate. We need to focus on value for money, quality and sustainability
- Service provision. Currently many people are placed a long way from family and friends. To enable those placed away from home to return where appropriate and to offer people improved local options when considering where to live, requires improved infrastructure

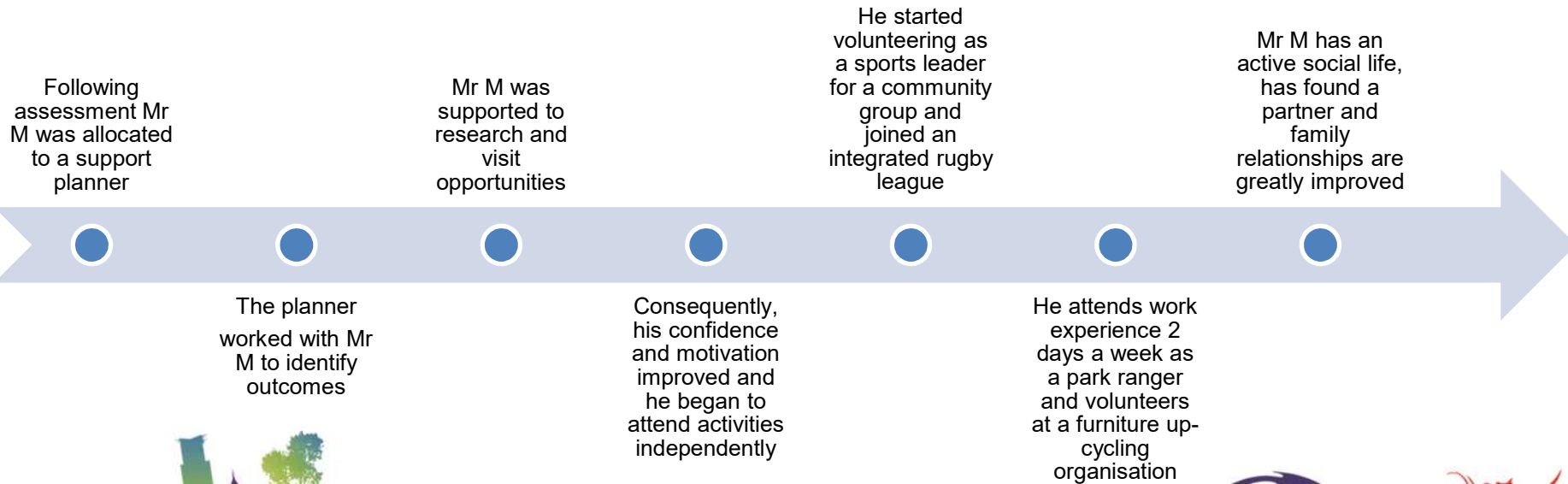


Case Study

We are already working on many of the key priorities. We empower people with learning disabilities to be more independent, support people to remain living at home and enable them to feel valued and included in their communities.

Mr M, a 22 year old man with a mild learning disability, was referred to the Support Planning Team in 2017. The family was under great pressure and relationships were difficult. Mr M's father had recently died and his mother was holding down two jobs and caring for his younger siblings. Mr M had very low self-esteem, few aspirations and spent most of his days in bed. He had started to drink which put him at risk of exploitation.

Page 10



Next Steps

- Present to Cardiff Scrutiny Committee (01 May 19)
- Cabinet (16 May 2019)
- Launch Strategy 18 June 2019
(Learning Disability Week)
- 2019 – 2020 Coproduction of joint implementation plans with people, carers and partners.



10|



This page is intentionally left blank